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NEWS RELEASE

TSX Venture Exchange Symbol: SNV.H June 21, 2023

SONORO APPOINTS SARA AKBAR AND HENRY LEGARRE TO BOARD OF DIRECTORS

Calgary, Alberta – Sonoro Energy Ltd. ("Sonoro" or the "Company") (TSXV: SNV.H) is pleased to announce that Sara Akbar and Henry Legarre have agreed to join the Board of Directors of Sonoro Energy Ltd, subject to final TSXV exchange approval.

Sara has over 30 years of experience leading and building oil and gas companies, services and projects in the Middle East and North Africa. Sara is currently the Chairman and CEO of Oil Serv Kuwait, a leading integrated oilfield services company in the Middle East and North Africa region. Sara is an independent non-executive Board member of Petrofac since 2018, a leading engineering and services provider in energy internationally. She is the Chairperson of the Advisory Board of the business school at the American University of Kuwait, a prior member of the Kuwait Supreme Council for Planning and Development and a former member of the Board of Trustees of Kuwait's Silk Territory project. Sara also serves on the board of directors of the merchant fund established by ICC. Previously, Sara was a Chief Executive Officer of Kuwait Energy KSC, which she co-founded in 2005 to leverage the opportunity for an independent oil and gas company in the Middle East, North Africa and Eurasia regions. Sarah holds a BSc in Chemical Engineering.

Henry has over 30 years of experience in the oil and gas sector. Henry has a unique and wide blend of technical, operational, business development, strategic planning, and executive management experience. Seed stage startup to multi-billion-dollar company leadership, technology development and implementation with emphasis in modeling and Heavy Oil. Currently Henry is with Trindade Reservoir Services Inc. where he is part of the executive team developing a new clean energy from oil process, combining EOR and geothermal process in mature fields to increase recovery and creating net zero electricity with no CO2 emissions. Henry is COO and VP of Operations for Quantum Reservoir Impact in Houston (QRI) where QRI brings value creation to its clients through the development of AI & Machine Learning driven technologies. Previously Henry was the COO & MD for Oryx Petroleum Services and Addax Petroleum Services from 2007-2015 where he was responsible for the exploration to development and operations of several fields in Iraq, Nigeria, and the Republic of the Congo. Henry started his career with Chevron from 1990 in Bakersfield, California working on heavy oilfields which led him with Chevron to Nigeria, Angola, Kuwait, Bahrain, Saudi Arabia, South America and numerous other countries worldwide. Henry holds a MSc and BSc in Geological Sciences.

Mr. Richard Wadsworth, Sonoro Chairman commented "We welcome Sara and Henry to Sonoro and believe that with their backgrounds and experience in the MENA region, internationally and in heavy oil, along with our strategy of building a low risk base in WCSB and now having our first Farm-in completed, that this positions the Company to strongly pursue transformational opportunities internationally where we collectively have knowledge, experience and success."

The Company also announces that Bill Marpe has resigned from the Board of Directors, however, will continue to provide advisory services to the Company as it pursues international opportunities. The Company thanks Bill for his services and support as part of management team in Indonesia and on the Board of Directors for the past eight years.

Further to the Company news release on June 14, 2023, the Company is pleased to report that it has received the release from the debt security holder of the partner company on June 15, 2023 for the Farm-In Agreement in the Western Canadian Sedimentary Basin, thus removing this condition precedent.

Forward-looking Statements

Certain information in this news release constitutes forward-looking statements under applicable securities laws. Any statements that are contained in this news release that are not statements of historical fact may be deemed to be forward-looking statements. Forwardlooking statements are often identified by terms such as "may," "should," "anticipate," "expects," "estimates," "seeks" and similar expressions. In particular, without limiting the generality of the foregoing, this news release contains forward-looking information regarding the opportunities discussed.

Forward-looking statements necessarily involve known and unknown risks, including, without limitation, risks associated with oil and gas exploration, development, exploitation, production, marketing and transportation, loss of markets, volatility of commodity prices, currency fluctuations, imprecision of reserve estimates, environmental risks, competition from other producers, inability to retain drilling rigs and other services, delays resulting from or inability to obtain required regulatory approvals, changes in legislation including but not limited to income tax, environmental laws and regulatory matters, and ability to access sufficient capital from internal and external sources. Readers are cautioned that the foregoing list of factors is not exhaustive.

Readers are cautioned not to place undue reliance on forward-looking statements as there can be no assurance that the plans, intentions or expectations upon which they are placed will occur. Such information, although considered reasonable by management at the time of preparation, may prove to be incorrect and actual results may differ materially from those anticipated. Forward-looking statements contained in this news release are expressly qualified by this cautionary statement.

Additional information on these and other factors that could affect Sonoro's operations or financial results are included in Sonoro's reports on file with Canadian securities regulatory authorities and may be accessed through the SEDAR website (www.sedar.com) or by contacting Sonoro. The forward-looking statements contained in this news release are made as of the date of this news release and Sonoro does not undertake any obligation to update publicly or to revise any of the included forward-looking statements, whether as a result of new information, future events or otherwise, except as expressly required by securities law.

Neither the TSX Venture Exchange nor its Regulation Service Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

For further information to participate in future financing, please contact the company at:

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